



NORTHAMPTON PARKS & RECREATION

TEEN EXPEDITIONS



Session 3: July 9 - 13- EXPLORING VIEWS FROM THE TOP

Monday	Tuesday	Wednesday	Thursday	Friday
9	10	11	12	13
ORIENTATION HIKE NORWOTTUCK We will begin the week with ice breakers, games, a hike with lunch on top of Mt. Norwottuck, followed by a swim at Musante Beach.	COOPER HILL FOOT GOLF This day marks the first time ever Teen Expeditions will take part in this disc-golf inspired soccer-motion sport!	LOOK PARK SWIM @ JFK The morning will start with biking to Look Park, playing group games, and arts & crafts. Followed by a lengthy and leisurely swim at JFK to end the day.	DAR STATE FOREST FIRE TOWER HIKE We will hike through the State Forest and end the day with a swim	BROWNSTONE ADVENTURE PARK We will take a bus to Portland, CT and spend the day enjoying the various activities the water park has to offer.
<input type="checkbox"/> suitable shoes <input type="checkbox"/> swim gear <input type="checkbox"/> lunch <input type="checkbox"/> water <input type="checkbox"/> bug spray <input type="checkbox"/> sunscreen	<input type="checkbox"/> suitable shoes (soccer cleats or closed toed shoes) <input type="checkbox"/> lunch <input type="checkbox"/> water <input type="checkbox"/> bug spray <input type="checkbox"/> sunscreen	<input type="checkbox"/> bike & helmet <input type="checkbox"/> swim gear <input type="checkbox"/> suitable shoes <input type="checkbox"/> lunch <input type="checkbox"/> water <input type="checkbox"/> bug spray <input type="checkbox"/> sunscreen	<input type="checkbox"/> suitable shoes <input type="checkbox"/> swim gear <input type="checkbox"/> lunch <input type="checkbox"/> water <input type="checkbox"/> bug spray <input type="checkbox"/> sunscreen	<input type="checkbox"/> *closed-toe shoes* <input type="checkbox"/> swim gear <input type="checkbox"/> lunch <input type="checkbox"/> water <input type="checkbox"/> bug spray <input type="checkbox"/> waiver form

Calendar subject to change. You may call the office after 4:00pm at 587-1040 to check for delays

Please remember that camp is a cellphone-free space